

Maandag 22-07		Maandag 05-08		Maandag 19-08	
9.15 beter bewegen	Claudia	9.15 beter bewegen	Linda	9.15 beter bewegen	Linda
9.30 body shape	Jose	9.30 body shape	Jose	9.30 body shape	Jose
18.00 kickfun	Debby	18.00 kickfun	Debby	18.00 kickfun	Debby
18.30 pilates	Anita	18.30 pilates	Anita	18.30 pilates	Anita
19.00 Shape4all	cindy	19.00 Shape4all	cindy	19.00 Shape4all	Linda
19.00 Fitgame training	Thijmen	19.00 Fitgame training	Thijmen	19.00 Fitgame training	Thijmen
19.30 GRII	Anita	19.30 GRII	Anita	19.30 GRII	Anita
19.30 bootcamp	Emma	19.30 bootcamp	Emma	19.30 bootcamp	Emma
20.00 steps	cindy	20.00 steps	cindy	20.00 steps	Linda
21.00 challenge les	Suzanne B	21.00 challenge les	Romy	21.00 challenge les	Suzanne B
Dinsdag 23-07		Dinsdag 06-08		Dinsdag 20-08	
9.15 shape4all	Linda	9.15 shape4all	Linda	9.15 shape4all	Nadine
09.15 yin yoga	Heidi	09.15 yin yoga	Heidi	09.15 yin yoga	Heidi
10.15 Pilates	Linda	10.15 Pilates	Linda	10.15 Pilates	Nadine
18.30 Salsation	Patricia	18.30 Salsation	Patricia	18.30 Salsation	Patricia
18.30 GRII	Edwin	18.30 GRII	Edwin	18.30 GRII	Edwin
19.00 body pump	Alex	19.00 body pump	Marije	19.00 body pump	Jacueline P
19.00 Fitgame training	Robert	19.00 Fitgame training	Robert	19.00 Fitgame training	Robert
19.15 Yin yoga	Irene Elisa	19.15 Yin yoga	Irene Elisa	19.15 Yin yoga	Irene Elisa
19.30 pilates	Linda	19.30 pilates	Petra Bosch	19.30 pilates	Petra Bosch
20.00 zwanger en fit	Jac/ Claudia E	20.00 zwanger en fit	Claudia W	20.00 zwanger en fit	Jac/ Claudia E
20.00 body jam	Monique/ John	20.00 body jam	John	20.00 body jam	John/ Monique
20.30 hatha yoga	Petra van der Gea	20.30 hatha yoga	Petra Bosch	20.30 hatha yoga	Petra Bosch
21.00 kickfun	Wendy	21.00 kickfun	Wendy	21.00 kickfun	Wendy
Woensdag 24-07		Woensdag 07-08		Woensdag 21-08	
9.15 body pump	Debby	9.15 body pump	Debby	9.15 body pump	Debby
9.15 pilates	Linda	9.15 pilates	Linda	9.15 pilates	Linda
10.15 Latin Dance	suzanne V	10.15 Latin Dance	suzanne V	10.15 Latin Dance	suzanne V
10.15 BBB	Jacqueline	10.15 BBB	Anita	10.15 BBB	Linda
19.00 bodypump	Deveney	19.00 bodypump	Deveney	19.00 bodypump	Deveney
20.00 Salsation	Patricia	20.00 Salsation	Patricia	20.00 Salsation	Patricia
Donderdag 25-07		Donderdag 08-08		Donderdag 22-08	
9.15 shape4all	Linda	9.15 shape4all	Petra van der G	9.15 shape4all	Nadine
9.00 beter bewegen	Jacqueline	9.00 beter bewegen	Linda	9.00 beter bewegen	Linda
10.15 beter bewegen	Jacqueline	10.15 beter bewegen	Linda	10.15 beter bewegen	Linda
18.30 GRII	sjors	18.30 GRII	sjors	18.30 GRII	Anita
19.00 boksen	dennes	19.00 boksen	dennes	19.00 boksen	dennes
19.00 pilates	sjors	19.00 pilates	Marije	19.00 pilates	Marije
19.15 yin yoga	Irene Elisa	19.15 yin yoga	Irene Elisa	19.15 yin yoga	Irene Elisa
19.30 bootcamp	Thijmen	19.30 bootcamp	Thijmen	19.30 bootcamp	Thijmen
20.00 shape4all	Suzanne H	20.00 shape4all		20.00 shape4all	Suzanne H
20.00 body pump	Alex	20.00 body pump	Marije	20.00 body pump	Marije
Vrijdag 26-07		Vrijdag 09-08		Vrijdag 23-08	
9.15 bodyPump	Mirjam	9.15 bodyPump	Marije	9.15 bodyPump	Marije
9.15 pilates	Sjors	9.15 pilates	Linda	9.15 pilates	Nadine
10.15 pilates	Linda	10.15 pilates	Marije	10.15 pilates	Marije
19.00 Salsation	Patricia	19.00 Salsation	Patricia	19.00 Salsation	Patricia
Zaterdag 27-07		Zaterdag 10-08		Zaterdag 24-08	
9.00 bodypump	Anita	9.00 bodypump	Anita	9.00 bodypump	Anita
9.00 Power yoga	Petra van der Gea	9.00 Power yoga	Violet	9.00 Power yoga	Dymph
10.00 Kickfun	Anita	10.00 Kickfun	Anita	10.00 Kickfun	Anita
Zondag 28-07		Zondag 11-08		Zondag 25-08	
10.00 bootcamp		10.00 bootcamp	Edwin	10.00 bootcamp	
10.00 hatha yoga	Heidi	10.00 hatha yoga	Heidi	10.00 hatha yoga	Heidi
11.30 body pump	Debby	11.30 body pump	Debby	11.30 body pump	Debby
Maandag 29-07		Maandag 12-08		Maandag 26-08	
9.15 beter bewegen	Linda	9.15 beter bewegen	Linda	9.15 beter bewegen	Claudia
9.30 body shape	Jose	9.30 body shape	Jose	9.30 body shape	Jose
18.00 kickfun	Debby	18.00 kickfun	Debby	18.00 kickfun	Debby
18.30 pilates	Anita	18.30 pilates	Anita	18.30 pilates	Anita
19.00 Shape4all	cindy	19.00 Shape4all	cindy	19.00 Shape4all	Suzanne H
19.00 Fitgame training	Thijmen	19.00 Fitgame training	Thijmen	19.00 Fitgame training	Thijmen
19.30 GRII	Anita	19.30 GRII	Anita	19.30 GRII	Anita
19.30 bootcamp	Emma	19.30 bootcamp	Emma	19.30 bootcamp	
20.00 steps	cindy	20.00 steps	cindy	20.00 steps	Suzanne H
21.00 challenge les	Romy	21.00 challenge les	Romy	21.00 challenge les	Suzanne B
Dinsdag 30-07		Dinsdag 13-08		Dinsdag 27-08	
9.15 shape4all	Linda	9.15 shape4all	Nadine	9.15 shape4all	Nadine
09.15 yin yoga	Heidi	09.15 yin yoga	Heidi	09.15 yin yoga	Heidi
10.15 Pilates	Linda	10.15 Pilates	Nadine	10.15 Pilates	Nadine
18.30 Salsation	Patricia	18.30 Salsation	Patricia	18.30 Salsation	Patricia
18.30 GRII	Edwin	18.30 GRII	Edwin	18.30 GRII	Edwin
19.00 body pump	Alex	19.00 body pump	Jacueline P	19.00 body pump	Jacueline P
19.00 Fitgame training	Robert	19.00 Fitgame training	Robert	19.00 Fitgame training	Robert
19.15 Yin yoga	Irene Elisa	19.15 Yin yoga	Irene Elisa	19.15 Yin yoga	Irene Elisa
19.30 pilates	Linda	19.30 pilates	Petra Bosch	19.30 pilates	Petra Bosch
20.00 zwanger en fit	Jac/ Claudia E	20.00 zwanger en fit	Jac/ Claudia E	20.00 zwanger en fit	Jac/ Claudia E
20.00 body jam	John	20.00 body jam	John	20.00 body jam	John/ Monique
20.30 hatha yoga		20.30 hatha yoga	Petra Bosch	20.30 hatha yoga	Petra Bosch
21.00 kickfun	Wendy	21.00 kickfun	Wendy	21.00 kickfun	Wendy
Woensdag 31-07		Woensdag 14-08		Woensdag 28-08	
9.15 body pump	Debby	9.15 body pump	Debby	9.15 body pump	Debby
9.15 pilates	Linda	9.15 pilates	Linda	9.15 pilates	Linda
10.15 Latin Dance	suzanne V	10.15 Latin Dance	suzanne V	10.15 Latin Dance	suzanne V
10.15 BBB	Jacqueline	10.15 BBB	Linda	10.15 BBB	Jacqueline
19.00 bodypump	Deveney	19.00 bodypump	Deveney	19.00 bodypump	Deveney
20.00 Salsation	Patricia	20.00 Salsation	Patricia	20.00 Salsation	Patricia
Donderdag 01-08		Donderdag 15-08		Donderdag 29-08	
9.15 shape4all	Linda	9.15 shape4all	Nadine	9.15 shape4all	Nadine
9.00 beter bewegen	Jacqueline	9.00 beter bewegen	Linda	9.00 beter bewegen	Linda
10.15 beter bewegen	Jacqueline	10.15 beter bewegen	Linda	10.15 beter bewegen	Linda
18.30 GRII	sjors	18.30 GRII	Anita	18.30 GRII	Anita
19.00 boksen	dennes	19.00 boksen	dennes	19.00 boksen	dennes
19.00 pilates	sjors	19.00 pilates	Cindy	19.00 pilates	Anita
19.15 yin yoga	Irene Elisa	19.15 yin yoga	Irene Elisa	19.15 yin yoga	Irene Elisa
19.30 bootcamp	Thijmen	19.30 bootcamp	Thijmen	19.30 bootcamp	Thijmen
20.00 shape4all	Linda	20.00 shape4all	Suzanne H	20.00 shape4all	Suzanne H
20.00 body pump	Alex	20.00 body pump	Mirjam	20.00 body pump	Alex
Vrijdag 02-08		Vrijdag 16-08		Vrijdag 30-08	
9.15 bodyPump	Marije	9.15 bodyPump	Mirjam	9.15 bodyPump	
9.15 pilates	Linda	9.15 pilates	Nadine	9.15 pilates	
10.15 pilates	Marije	10.15 pilates	Mirjam	10.15 pilates	
19.00 Salsation	Patricia	19.00 Salsation	Patricia	19.00 Salsation	
Zaterdag 03-08		Zaterdag 17-08		Zaterdag 31-08	
9.00 bodypump	Anita	9.00 bodypump	Anita	9.00 bodypump	Anita
9.00 Power yoga	Violet	9.00 Power yoga	Violet	9.00 Power yoga	Heidi
10.00 Kickfun	Anita	10.00 Kickfun	Anita	10.00 Kickfun	Anita
Zondag 04-08		Zondag 18-08		Zondag 01-09	
10.00 bootcamp		10.00 bootcamp	Emma	10.00 bootcamp	Mirco
10.00 hatha yoga	Heidi	10.00 hatha yoga	Heidi	10.00 hatha yoga	Heidi
11.30 body pump	Debby	11.30 body pump	Debby	11.30 body pump	Debby